

# **TABLE OF CONTENTS – Fracture Management for the Small Animal Practitioner**

List of Contributors

Preface

## **Section 1 General Information 1**

### **1 Fracture Identification 3**

*Anne M. Sylvestre*

1.1 Number of Fragments 3

1.2 Fracture Configuration 3

1.3 Location on the Bone 7

1.4 Salter– Harris Fractures 7

### **2 Open Fractures 9**

*Anne M. Sylvestre*

2.1 First Degree 9

2.2 Second Degree 9

2.3 Third Degree 9

Reference 10

### **3 Patient Management 11**

*Anne M. Sylvestre*

3.1 The Patient 11

3.1.1 Upon Admission 11

3.1.2 Immediate Postoperative Care 11

3.1.3 Upon Discharge From Hospital 11

3.1.4 Outside and Walks 12

3.1.5 Follow-up Radiographs and Healing Times 13

3.1.6 Implant Removal 13

3.2 The Owner	14
3.2.1 Slippery Floors	14
3.2.2 Stairs	15
3.2.3 No Jumping	15
3.2.4 Common Stressors	15
3.2.5 Crates	15
3.2.6 Icing	15
3.2.7 Gentle Passive Range of Motion (PROM)	16
3.2.8 Urination and Bowel Movements	16
3.2.9 Food and Water	16
3.2.10 Cats	17
3.3 Managing Osteoarthritis (OA)	17
References	17

## **4 Bandages and Splints 19**

*Jennifer White and Anne M. Sylvestre*

4.1 The Bandage	19
4.1.1 Layers of a Bandage	19
4.1.2 Creating the Bandage	19
4.2 Forelimb	27
4.2.1 Velpeau Sling	27
4.2.2 Spica Bandage	30
4.2.3 Antebrachial Bandages	31
4.2.4 Bandages for a Manus	37
4.2.5 Carpal Flexion Sling	37
4.3 Hind Limb	39
4.3.1 Ehmer Sling	39

4.3.2 Robert Jones Bandage	39
4.3.3 Crural and Tarsal Bandages	39
4.3.4 Bandages for a Pes	47
4.3.5 Robinson and 90-90 Slings	47
4.4 Bandage Care	47
4.4.1 Home Care Instructions	47
4.4.2 Bandage Changes	50
4.4.3 Bandage/Splint Complications	50
Reference	60

## **Section 2 The Forequarter 61**

### **5 Mandible and Maxilla 63**

*Teresa Jacobson*

5.1 Mandibular Fractures	63
5.1.1 Mandibular Symphyseal Separation	63
5.1.2 Rostral Mandibular Fractures	63
5.1.3 Fracture at the Level of the Mandibular First Molar	64
5.1.4 Temporomandibular Luxation	65
5.1.5 Other Mandibular Fractures	68
5.2 Maxillary Fractures	68
5.2.1 Fracture and/or Avulsion of the Incisive Bone	68
5.2.2 Fractures of the Maxillary Bone	68
5.3 Managing Expectations	68
5.4 Alternatives When the Treatment of Choice is Not an Option	68
5.5 Potential Complications of Maxillofacial Fracture Repair	69
References	74

## **6 Scapula 75**

*Anne M. Sylvestre*

### 6.1 Fractures 75

#### 6.1.1 Fractures Through the Body and Spine of the Scapula 75

#### 6.1.2 Acromion Fractures 76

#### 6.1.3 Fractures of the Neck of the Scapula 76

### 6.2 Managing Expectations with Recommended Treatments 78

### 6.3 Alternatives When Treatment of Choice is Not an Option 78

### References 79

## **7 Shoulder Joint 81**

*Anne M. Sylvestre*

### 7.1 Fractures and Luxations 82

#### 7.1.1 Avulsion of the Supraglenoid Tuberosity 82

#### 7.1.2 T or Y Fractures of the Scapular Neck and Glenoid Rim 82

#### 7.1.3 Other Fractures Involving the Shoulder Joint 82

#### 7.1.4 Medial Luxations 82

#### 7.1.5 Lateral Luxations 84

### 7.2 Managing Expectations with Recommended Treatments 84

### 7.3 Alternatives When Treatment of Choice is Not an Option 86

#### 7.3.1 Fractures 86

#### 7.3.2 Luxations 86

### References 86

## **8 Humerus 87**

*Catherine Popovitch, Thomas W.G. Gibson, and Anne M. Sylvestre*

### 8.1 Fractures 88

#### 8.1.1 Physeal Fractures of the Proximal Humerus 88

#### 8.1.2 Two-Piece Humeral Shaft Fractures 88

8.1.3 Multifragmented Humeral Shaft and/or Supracondylar Fractures 89

8.2 Managing Expectations with Recommended Treatments 90

8.3 Alternatives When Treatment of Choice is Not an Option 90

References 91

## **9 Elbow Joint 93**

*Anne M. Sylvestre*

9.1 Fractures and Luxations 94

9.1.1 Condylar Fractures 94

9.1.2 Bicondylar Fractures 94

9.1.3 Acute Luxations 94

9.1.4 Chronic Luxations 99

9.1.5 Proximal Ulnar Fractures 100

9.1.6 Monteggia Fractures 100

9.2 Managing Expectations with Recommended Treatments 101

9.3 Alternatives When Treatment of Choice is Not an Option 101

9.3.1 For Patients with a Fracture 101

9.3.2 For Patients with a Luxation 102

References 102

## **10 Radius and Ulna 105**

*Catherine Popovitch, Thomas W.G. Gibson, and Anne M. Sylvestre*

10.1 Fractures 106

10.1.1 Fractures of the Proximal Ulna 106

10.1.2 Fractures of the Proximal Radius 106

10.1.3 Fractures of the Radius in Toy Breed Dogs 106

10.1.4 Fractures of the Radius and Ulna in Non-Toy Breed Dogs and Cats 107

10.1.5 Isolated Fractures of the Shaft of the Ulna 112

10.1.6 Physeal Fractures of the Distal Radius	112
10.2 Managing Expectations with Recommended Treatments	114
10.3 Alternatives When Treatment of Choice is Not an Option	114
References	117

## **11 Carpal Joint 119**

*Anne M. Sylvestre*

11.1 Fractures and Ligamentous Injuries	120
11.1.1 Fractures of the Styloid Process of the Radius or Distal Ulna	120
11.1.2 Fractures of the Radial Carpal Bone	120
11.1.3 Fractures of the Accessory Carpal Bone	122
11.1.4 Fractures of the Ulnar Carpal Bone	123
11.1.5 Collateral Ligament Injuries	123
11.1.6 Shearing Injuries	124
11.1.7 Hyperextension Injuries	125
11.1.8 Luxation of the Antebrachiaocarpal Joint	125
11.1.9 Luxation of the Accessory Carpal Bone	125
11.1.10 Luxation of the Radiocarpal Bone	126
11.2 Managing Expectations with Recommended Treatments	127
11.3 Alternatives When Treatment of Choice is Not an Option	127
11.3.1 For Patients with a Fracture	127
11.3.2 For Patients with Ligamentous Injuries	128
11.4 About Pancarpal Arthrodesis	128
11.5 About Partial Carpal Arthrodesis	128
References	129

## **Section 3 The Hindquarter 131**

## **12 Pelvis 133**

*Anne M. Sylvestre*

12.1 Co-morbidities 134

12.2 Fractures 134

12.2.1 SI Luxations/Fractures 134

12.2.2 Fractures of the Iliac Shaft or Wing 134

12.2.3 Acetabular Fractures 137

12.2.4 Ischial Fractures 137

12.2.5 Fractures of the Pelvic Floor 137

12.2.6 Summary of Indications for Surgical Repair of Pelvic Fractures 138

12.3 Managing Expectations with Recommended Treatments 139

12.4 Alternatives When Treatment of Choice is Not an Option 139

References 140

## **13 Coxofemoral Joint 141**

*Thomas W.G. Gibson and Anne M. Sylvestre*

13.1 Fractures and Luxations 141

13.1.1 Acetabular Fractures 141

13.1.2 Hip Luxations 142

13.1.3 Alternative Treatment of Choice: Open Reduction 146

13.1.4 Capital Physeal Fractures of the Proximal Femur 148

13.1.5 Fractures of the Femoral Neck 149

13.2 Managing Expectations with Recommended Treatments 150

13.3 Alternatives When Treatment of Choice is Not an Option 150

13.3.1 Acetabular Fractures 150

13.3.2 Luxations 150

13.3.3 Femoral Head and Neck Fractures 151

13.4 About the FHO 151

References 152

## **14 Femur 153**

*Thomas W.G. Gibson and Anne M. Sylvestre*

14.1 Fractures 154

14.1.1 Avulsion Fractures of the Greater Trochanter 154

14.1.2 Fractures of the Femoral Shaft 154

14.1.3 Physeal Fractures of the Distal Femur 157

14.2 Managing Expectations with Recommended Treatments 159

14.3 Alternatives When Treatment of Choice is Not an Option 159

References 161

## **15 Stifle Joint 163**

*Anne M. Sylvestre*

15.1 Fractures and Luxations 164

15.1.1 Articular Distal Femoral Fractures 164

15.1.2 Patellar Fractures 164

15.1.3 Traumatic Patellar Luxations 166

15.1.4 Collateral Ligament Damage 166

15.1.5 Luxation of the Stifle Joint 166

15.1.6 Articular Proximal Tibial Fractures 169

15.2 Managing Expectations with Recommended Treatments 170

15.3 Alternatives Treatment When Surgery is Not an Option 170

References 170

## **16 Tibia and Fibula 171**

*Thomas W.G. Gibson and Anne M. Sylvestre*

16.1 Fractures 172

16.1.1 Tibial Tuberosity Avulsion Fractures 172



16.1.2 Tibial Plateau Physeal Fractures	172
16.1.3 Proximal Tibial Shaft Fractures	173
16.1.4 Fractures of the Mid- and Mid-to-Distal Portions of the Tibial Shaft	173
16.1.5 Fractures of the Distal Tibial Shaft	177
16.1.6 Physeal Fractures of the Distal Tibia/Fibula	177
16.1.7 Fractures of the Fibular Shaft Alone	177
16.2 Managing Expectations with Recommended Treatments	178
16.3 Alternatives When Treatment of Choice is Not an Option	178
References	181

## **17 Tarsal Joint 183**

*Anne M. Sylvestre*

17.1 Fractures and Ligamentous Injuries	184
17.1.1 Articular Distal Tibial Fractures	184
17.1.2 Fractures of the Medial Malleolus or the Lateral Malleolus	184
17.1.3 Medial or Lateral Collateral Ligament Injuries	186
17.1.4 Luxations of the Tarsocrural Joint	186
17.1.5 Shearing Injuries	186
17.1.6 Fractures of the Calcaneus	188
17.1.7 Fractures/Luxations of the Talus	192
17.1.8 Fractures/Luxations of the Central Tarsal Bone	193
17.1.9 Fractures of the Numbered Tarsal Bones	193
17.1.10 Luxation of the Intertarsal and/or Tarsometatarsal Joints	194
17.2 Managing Expectations with Recommended Treatments	194
17.3 Alternatives When Treatment of Choice is Not an Option	195
17.4 About Pantarsal Arthrodesis	195
17.5 About Partial Tarsal Arthrodesis	195

References 197

**18 Paw (Manus and Pes) 199**

*Anne M. Sylvestre*

18.1 Fractures and Luxations 199

18.1.1 MC/MT Fractures 199

18.1.2 Phalangeal Fractures 202

18.1.3 Luxations of the Inter-Phalangeal or MC/MT-Phalangeal Joints 203

18.2 Managing Expectation with Recommended Treatments 204

18.3 Alternatives When Treatment of Choice is Not an Option 204

References 204

**Section 4 Fracture Repair Techniques 205**

**19 Essential Information on Fracture Repair 207**

*Anne M. Sylvestre*

19.1 Forces Applied to a Bone 208

19.2 Techniques for Reducing a Fracture 208

19.2.1 Distraction 209

19.2.2 Lever 209

19.2.3 Toggle 209

19.2.4 Oblique Fractures 210

19.2.5 Using the Plate 211

19.3 Instrumentation 211

19.3.1 Drills 211

19.3.2 Fracture Repair General Instruments 213

References 214

**20 Pins and Wires 215**

*Catherine Popovitch*

20.1 Case Selection 215

20.2 Instrumentation 215

20.3 Fundamentals of Application 215

20.3.1 Cerclage Wires 215

20.3.2 Pins 216

20.4 Pinning Techniques for Various Long Bones 218

20.4.1 Humerus 218

20.4.2 Radius 218

20.4.3 Femur 218

20.4.4 Tibia 220

References 221

## **21 Plating 223**

*Anne M. Sylvestre*

21.1 Case Selection 223

21.2 Instrumentation 223

21.2.1 Bone Screws 223

21.2.2 Bone Plates 224

21.2.3 Plating-specific Instruments 225

21.3 Fundamentals of Application 226

21.3.1 Selecting a Plate 226

21.3.2 At Surgery 227

21.3.3 Pin–Plate Combination 228

21.3.4 Stack Plating 230

21.4 Postoperative Care 230

21.5 Plating Techniques for Various Long Bones 230

21.5.1 Humerus 230

21.5.2 Radius 230

21.5.3 Femur 230

21.5.4 Tibia 232

References 233

## **22 External Fixators 235**

*Kathryn Wander*

22.1 Case Selection 235

22.2 Basic Rules of External Fixation 235

22.2.1 Pins 235

22.2.2 Connecting Bars 236

22.2.3 Clamps 236

22.3 Fundamentals of Application 237

22.4 Fixators: Biomechanics/Constructs 237

22.4.1 Acrylic Splints/Constructs 238

22.4.2 Circular External Fixators 239

22.5 Postoperative Care 239

22.6 Complications 241

22.7 Preferred Technique for Various Long Bones 242

22.7.1 Tibial Fractures 242

22.7.2 Humeral Fractures 242

22.7.3 Femoral Fractures 242

22.7.4 Radial Fractures 242

References 243

## **23 Repair of Physeal Fractures 245**

*Thomas W.G. Gibson*

23.1 Physeal Fractures 245

23.1.1 Crossed Pin Technique 246

23.2	Avulsion Type Physeal Fractures	247
23.2.1	Tension Band Wiring Technique	247
23.3	Repair Techniques for Various Physeal Fractures	247
23.3.1	Proximal Humerus	247
23.3.2	Proximal Ulna	247
23.3.3	Proximal Radius	247
23.3.4	Distal Radius	247
23.3.5	Greater Trochanter	248
23.3.6	Distal Femur	248
23.3.7	Tibial Tuberosity	248
23.3.8	Proximal Tibial Physis	248
23.3.9	Distal Tibial Physis	248
	References	248

## **24 Fractures of the Jaw 251**

*Teresa Jacobson*

24.1	Anatomical Considerations	251
24.2	Jaw Fracture Management	251
24.2.1	The Principles of Jaw Fracture Management	252
24.2.2	Intubation Considerations for the Fracture Repair	253
24.2.3	Feeding Plan Post Jaw Fracture Repair	253
24.3	Pain Management	254
24.4	Maxillofacial Fracture Repair	255
24.5	Methods of Maxillofacial Fracture Stabilization	257
24.5.1	Tape or Nylon Muzzles	257
24.5.2	Osseous Wiring Techniques for Maxillofacial Fracture Repair	257
24.5.3	Intra-Dental Wiring Techniques with Acrylic Reinforcement	260

24.5.4 Bonding the Maxillary to the Mandibular Canines 265

24.6 Bone Grafts 266

24.7 Teeth in the Fracture Line 266

24.8 Antibiotic Therapy in Maxillofacial Fracture Repair 267

24.9 Irrigation of the Appliance 267

24.10 Recheck Examinations 267

References 267

## **25 Approaches to the Long Bones 269**

*Anne M. Sylvestre*

25.1 Approach to the Diaphysis of the Humerus 269

25.1.1 Patient Position 269

25.1.2 The Surgical Approach 269

25.2 Approach to the Diaphysis of the Radius 271

25.2.1 Patient Position 271

25.2.2 Surgical Approach 271

25.3 Approach to the Femoral Diaphysis 271

25.3.1 Patient Position 271

25.3.2 The Surgical Approach 272

25.4 Approach to the Tibial Diaphysis 272

25.4.1 Patient Position 272

25.4.2 The Surgical Approach 272

Reference 274

## **26 Implants 275**

*Harold Wotton*

26.1 Maneuvering Orthopedic Implants 275

26.2 Quality Implants: Essential Information on Quality Implants 276

26.3 Titanium vs Stainless Steel 276

Index 279.