TABLE OF CONTENTS – Mental Health and Well-being in Animals, 2nd Edition

Mental health in animals: a veterinary behaviorist's view.

The problems with well-being terminology.

The philosophical and biological evolution of feelings in well-being.

The relationship between mental and physical health.

Moving beyond a problem-based focus on poor animal welfare toward creating opportunities to have positive welfare experiences.

The mental health and well-being benefits of personal control in animals.

Quality of life of animals in veterinary medical practice.

The mental health and well-being benefits of social contact and social support in animals.

Subjective well-being, happiness, and personality in animals.

Fostering mental and behavioral wellness during upbringing and throughout life.

What is distress? A complex answer to a simple question.

Suffering, agency, and the Bayesian mind.

Mental illness in animals: diagnostic considerations using selected mental disorders.

Psychological trauma and posttraumatic psychopathology in animals.

Cognitive and emotional disorders in the aging pet.

Mental health issues in farm animals: a music mixing board model of behavioral characteristics using the Panksepp emotional system.

Mental health issues in the horse.

Mental health issues in shelter animals.

The mental health of laboratory animals.

Mental health issues in captive birds.

Psychological well-being in zoo animals.

Mental health issues in captive cetaceans.

Assessing affective states in animals.

Treatment of emotional distress and disorders - nonpharmacologic methods.

Treatment of emotional distress and disorders - pharmacologic methods.