

Table of contents

Preface

Acknowledgments

1 Introduction and Instrumentation 1

1.1 Introduction 1

1.2 Instrumentation and Equipment 3

1.2.1 Arthroscopes 3

1.2.2 Sheaths and Cannulas 5

1.2.2.1 Telescope Sheaths 5

1.2.2.2 Operative Cannulas 6

1.2.2.3 Egress Cannulas 8

1.2.3 Operative Hand Instruments 8

1.2.4 Power Instruments 12

1.2.4.1 Power Shavers 12

1.2.4.2 Radiofrequency/Electrocautery Instrumentation 14

1.2.5 Irrigation Fluid and Management Systems 15

1.2.5.1 Irrigation Fluids 15

1.2.5.2 Gravity Flow 16

1.2.5.3 Pressure Assisted Flow 16

1.2.5.4 Mechanical Arthroscopy Fluid Pumps 16

1.2.6 Video System Tower 17

1.2.6.1 Video Camera 18

1.2.6.2 Video Monitor 19

1.2.6.3 Light Source 19

1.2.6.4 Documentation Equipment 20

References 20

2 General Technique 23

2.1 Anesthesia, Patient Support, and Pain Management 23

2.2 Postoperative Care 23

2.3 Patient Preparation, Positioning, and Operating Room Setup 24

2.3.1 Shoulder Joint 24

2.3.2 Elbow Joint 26

2.3.3 Radiocarpal Joint 28

2.3.4 Hip Joint 29

2.3.5 Stifle Joint 29

2.3.6 Tibiotarsal Joint 31

2.4 Portal Placement-General 31

References 34

3 Shoulder Joint 36

3.1 Patient Preparation, Positioning, and Operating Room Setup 36

3.2 Portal Sites and Portal Placement 37

3.2.1 Telescope Portals 37

3.2.2 Operative Portals 39

3.2.3 Egress Portals 40

3.3 Nerves of Concern with Shoulder Joint Arthroscopy 40

3.4 Examination Protocol and Normal Arthroscopic Anatomy 41

3.5 Diseases of the Shoulder Diagnosed and Managed with Arthroscopy 47

3.5.1 Osteochondritis Dissecans (OCD) 47

3.5.1.1 OCD Lesion Removal and Management	59
3.5.2 Bicipital Tendon Injuries	73
3.5.3 Soft Tissue Injuries of the Shoulder with or Without Shoulder Instability	81
3.5.4 Ununited Caudal Glenoid Ossification Center (UCGOC)	95
3.5.5 Ununited Supraglenoid Tubercle (USGT)	100
3.5.6 Arthroscopic-Assisted Intra-Articular Fracture Repair	100
3.5.7 Arthroscopic Biopsy of Intra-Articular Neoplasia	101
3.5.8 Glenoid Cartilage Defects	102
3.5.9 Chondromalacia	104
3.5.10 Infraspinatus Muscle Contracture	104
References	106

4 Arthroscopy of the Elbow Joint 108

4.1 Patient Preparation, Positioning, and Operating Room Setup	108
4.2 Portal Sites and Portal Placement	109
4.2.1 Telescope Portals (Medial, Craniolateral, Caudomedial, and Caudal)	109
4.2.2 Operative Portals (Craniomedial, Lateral, Craniolateral, and Caudal)	111
4.2.3 Egress Portals	113
4.3 Nerves of Concern with Elbow Joint Arthroscopy	113
4.4 Examination Protocol and Normal Arthroscopic Anatomy	114
4.5 Diseases of the Elbow Diagnosed and Managed with Arthroscopy	122
4.5.1 Elbow Dysplasia	122
4.5.2 Osteochondritis Dissecans (OCD)	167
4.5.3 Ununited Anconeal Process (UAP)	176
4.5.4 Degenerative Joint Disease (DJD)	180
4.5.5 Assisted Intra-Articular Fracture Repair	180

4.5.6 Biopsy of Intra-Articular Neoplasia 181

4.5.7 Immune-Mediated Erosive Arthritis 182

4.5.8 Incomplete Ossification of the Humeral Condyle (IOHC) 182

4.5.9 Medial Enthesiopathy 183

References 184

5 Radiocarpal Joint 187

5.1 Patient Preparation, Positioning, and Operating Room Setup 187

5.2 Portal Sites and Portal Placement 187

5.3 Nerves of Concern with Radiocarpal Joint Arthroscopy 187

5.4 Examination Protocol and Normal Arthroscopic Anatomy 188

5.5 Diseases of the Radiocarpal Joint Diagnosed and Managed with Arthroscopy 189

5.5.1 Fractures 189

5.5.2 Soft Tissue Injuries 190

5.5.3 Immune-Mediated Erosive Arthritis 190

References 191

6 Hip Joint 192

6.1 Patient Preparation, Positioning, and Operating Room Setup 192

6.2 Portal Sites and Portal Placement 192

6.3 Nerves of Concern with Hip Joint Arthroscopy 193

6.4 Examination Protocol and Normal Arthroscopic Anatomy 193

6.5 Diseases of the Hip Diagnosed and Managed with Arthroscopy 196

6.5.1 Hip Dysplasia 196

6.5.2 Arthroliths 202

6.5.3 Soft Tissue Injuries of the Hip Joint 203

6.5.4 Assisted Intra-Articular Fracture Repair 205

6.5.5 Biopsy of Intra-Articular Neoplasia 206

6.5.6 Aseptic Necrosis of the Femoral Head 206

References 206

7 Stifle Joint 207

7.1 Patient Preparation, Positioning, and Operating Room Setup 210

7.2 Portal Sites and Portal Placement 210

7.2.1 Telescope Portal 210

7.2.2 Operative Portals 211

7.2.3 Egress Portal 211

7.3 Nerves of Concern with Stifle Joint Arthroscopy 213

7.4 Examination Protocol and Normal Arthroscopic Anatomy 213

7.5 Diseases of the Stifle Joint Diagnosed and Managed with Arthroscopy 221

7.5.1 Cranial Cruciate Ligament Injuries 221

7.5.2 Caudal Cruciate Ligament Injuries 258

7.5.3 Isolated Meniscal Injuries 258

7.5.4 Osteochondritis Dissecans(OCD) 259

7.5.5 Stifle Stabilization Failures 264

7.5.6 TPLO Second Look 264

7.5.7 Patellar Fracture Management 266

7.5.8 Long Digital Extensor Tendon Injuries 268

7.5.9 Popliteal Tendon Avulsion 268

7.5.10 Intra-articular Neoplasia 269

7.5.11 Patellar Luxation 270

7.5.12 Degenerative Joint Disease, Chondromalacia, and Synovitis 270

7.5.13 Discoid Meniscus 273

7.5.14 Osteochondromatosis 274

References 274

8 Tibiotarsal Joint 276

8.1 Patient Preparation, Positioning, and Operating Room Setup 276

8.2 Portal Sites and Portal Placement 276

8.2.1 Telescope Portals 276

8.2.2 Operative Portals 277

8.2.3 Egress Portal 278

8.3 Nerves of Concern with Tibiotarsal Joint Arthroscopy 278

8.4 Examination Protocol and Normal Arthroscopic Anatomy 278

8.5 Diseases of the Tibiotarsal Joint Diagnosed and Managed with Arthroscopy 279

8.5.1 Osteochondritis Dissecans (OCD) 279

8.5.2 Intra-Articular Fracture Management 286

8.5.3 Soft Tissue Injuries 287

8.5.4 Immune-Mediated Erosive Arthritis 287

8.5.5 Osteoarthritis 289

References 291

9 Problems and Complications 292

9.1 Actual and Potential Complications of Arthroscopy 292

9.1.1 Failure to Enter the Joint 292

9.1.2 Articular Cartilage Damage 292

9.1.3 Soft Tissue Damage 296

9.1.4 Bone Fragment Displacement 298

9.1.5 Operative Debris 298

9.1.6 Red Out 299

9.1.7 Peri-articular Fluid Accumulation	300
9.1.8 Infection	300
9.1.9 Vascular Injury	301
9.1.10 Nerve Injury	301
9.2 Instrument Damage	301
9.2.1 Intra-articular Instrument Breakage	301
9.2.2 Telescope Breakage	302
9.3 Contraindications	303
9.3.1 Patient Size	303
9.3.2 Septic Arthritis	303
9.3.3 Anesthesia Risk	303
References	304
Index	305